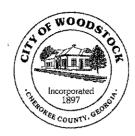
SENIOR MATTERS

WILLIAM G. LONG SENIOR CENTER

Woodstock Parks and Recreation 223 Arnold Mill Rd., Woodstock, GA 30188

Phone: 678-445-6518 Fax: 678-445-4351



May / June 2015

4

A

公会

*

A

M

会会

 \Rightarrow

A

Ar

会会会

À

4

A

*

*

×

À

4

A

A

*

负

A

公会会

A



A

会会会

会会会会会会会会会会会会

*

A

*

*

*

*

*

A

*

4

*

*

4

A

<u>May</u>

May 8th Mother's Day Luncheon

Concert in the Park
May 9th
"Savannah Jack"

May 14th Senior Picnic

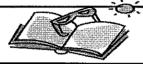
May 17th—23rd Trip to Niagara Falls

Center Closed For Memorial Day May 25th

June

June 19th Father's Day Luncheon

Concert in the Park
June 13th
"Eliminator"



INSIDE

Advisory Council

New Members

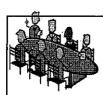
Daily Activities

May/June
Calendar,
Trip &
Activity
Details

Lotto Drawing Instructions

Birthday
Luncheon for
March/April
Birthdays

INSIDE THE CENTER



William G. Long Senior Center (WGLSC) Advisory Council

Advisory Council meets every other month at the Senior Center. The next meeting will be May 27, 2015 at 10:00am. A copy of the minutes of each meeting can be obtained from staff.

ADVISORY COUNCIL MEMBERS

Gloria LeVonne, President

Nelson Quebedeaux, Vice President

Tom Richardson, Secretary

Delia Halverson

Evelyn Endsley

Dolores Setaro

Caryn Rosenberg

E-Mail: glorialevonne@gmail.com

E-Mail: nelsongq39@gmail.com

E-Mail: richardsonthom@gmail.com

E-Mail: halversondelia@bellsouth.net

E-Mail: evelynendsley414@gmail.com

E-Mail: dcsetaro@aol.com

E-Mail: carynrose99@gmail.com



NOTE FROM STAFF



Spring has sprung and we will be getting our gardens ready for planting soon. If anyone would like to donate tomato, squash, or cucumber plants, please see Lynne.

Just a reminder—We are always looking for new trip ideas. If you see an event or something that you would like the Senior Center to do, please let us know (in writing) and we will try to plan the trip. Your suggestions are always welcome.

Williams G. Long Senior Center Phone Number 678-445-6518 Preston Pooser, Director of Parks Recreation, ppooser@woodstockga.gov

Marybeth Stockdale Special Events Coordinator mstockdale@woodstockga.gov

Jan Masey Senior Center Coordinator jmasey@woodstockga.gov

Don Payne Regreation Services Assistant dpayne@woodstockga.gov Heather Gaddis Administrative Assistant hgaddis@woodstockga.gov



Welcome New Members



Bob Watson
Joseph Di Cicco
Barbara Thurmond
Elgia Shores
James Roberts
Paul Bessiere
Silvia Cotriss
Susan Eviston
Marsha Cain

Joan Poole
Jo Budwick
Cindy Kozlowski
Bill Kozlowski
Glenn Crowe
William Criswell
Carolyn Spies
Flo Orbach
Allyn Orbach

Marge Olejniczak Eleanor Nofziger Cheryl Chadwick James Dowdy Peggy Dowdy Bob Cowan Barbara Crowe Ben McDonald Emily McDonald

Jane Atkins
Lynda Ridings
Carol Armstrong
David Berlage
Gary Lawrence
Margaret Tatum
Betty Tetil
Jay Murphy
Hansa Patel

Beverly Edwards
Dori Kelley
Judy Smith
Gerald Adcock
Jean Sammond
Ann Hilberer
Carol Colamarino
Gene Darling
Sam Valore

FOR YOUR INFORMATION

PLEASE REMEMBER ...

WHEN PAYING FOR TRIPS OR LUNCH WITH CASH, PLEASE TRY TO BRING THE CORRECT CHANGE. WE MAKE DEPOSITS WEEKLY AND DO NOT KEEP CHANGE IN THE OFFICE. BRINGING THE CORRECT CHANGE MIGHT SAVE YOU A TRIP BACK TO THE CENTER TO MAKE A PAYMENT. Thanks Jan & Don

LOTTO TICKETS ARE DUE ON TUESDAY BEFORE LOTTO DAY TO BE INCLUDED IN THE WEDNESDAY LOTTO DRAWING. TICKETS TURNED IN AFTER TUESDAY WILL AUTOMATICALLY GO TO THE BOTTOM OF THE LIST OR WAIT LIST. ONLY FILL OUT ONE LOTTO SLIP PER TRIP. DUPLICATE ENTRIES WILL THROWN OUT. AND REMEMBER, ONLY TRIPS THAT GO BY BUS NEED LOTTO SLIPS FILLED OUT.

WE HAVE A M.U.S.T. MINISTRIES COLLECTION BARREL IN THE FRONT ENTRY. THEY ACCEPT ALL "<u>CLEAN</u>" CLOTHING, LINENS, AND NON PERISHABLE FOOD ITEMS. DONATIONS ARE TAX DEDUCTIBLE AND IF YOU LEAVE YOUR NAME, DELIA HALVERSON WILL MAKE SURE YOU GET A RECEIPT.

PLEASE BE CONSIDERATE OF OTHERS - DO NOT TAKE ANYTHING THAT DOES NOT BELONG TO YOU (THIS INCLUDES ITEMS IN THE REFRIGERATORS.) IF YOU FIND SOMETHING THAT HAS BEEN LEFT BEHIND, PLEASE TURN IT INTO THE OFFICE.

Don't forget to check out our Senior Center Facebook Page for pictures of our trips & events and LIKE us! Find us at this web address:

https://www.facebook.com/Woodstock.Senior.Center



May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			**************************************		1 1:30 Bunko	2
3 8:30am Cherokee, N.C.	4 1pm Program Wills & Probate 4:30pm Braves vs Philadelphia	5 8:45am Tour of Covington, Ga. 11-12pm Flex & stretch class	6 3pm Niagara Falls pre-trip meeting	7 10am Lunch Bunch and shopping At The Avalon	8 12pm Mother's Day Luncheon	9 7:30pm Concert in the park "Savannah Jack"
10	11 2pm Movie & Ice Cream "Into the Woods"	12 1pm Jewelry Class	13 10am Trip Comm. Mtg.	14 12pm Senior Picnic	15 1pm Completion of Jewelry Class	16
17 8am Leave for Niagara Falls	18 1pm Program- Navigating the senior years	19	20	21 9:15am Smith- Gilbert Gardens	22 1:30 Program on Maintaining HVAC Systems	23 Return From Niagara Falls
24 ———— 31	25 Center Closed for Memorial Day	26 8:00am Rock City & Ruby Falls	27 10am Advisory Comm. Mtg.	28 8:30 Dahlonega Gold Museum & Crisson Gold Mine	29	30

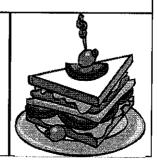
Wednesday Lunches: At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office.

May 6th
\$6.00
J Millers BBQ
Slaw & Baked Beans
Chips & Dessert
Drink

NO LUNCH

May 13th

May 20th \$6.00 Honey Baked Ham Sandwich Boxes Chips & Cookie Drink May 27th \$6.50 Buffalo's Chicken Wraps Slaw Chips & Dessert Drink





May Activity and Trip Details



MAY 3RD-8:30AM— "CHEROKEE N.C." —COST IS \$18.00, PREPAID BY APRIL 28TH. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 8:30AM AND APPROX. TIME OF RETURN IS APPROX. 8:30PM.

MAY 4TH- 1:00PM " PROGRAM ON WILLS AND PROBATE" PRESENTED BY ATTORNEY STEVE CAMPBELL AND PROBATE JUDGE KEITH WOODS. IF YOU HAVE QUESTIONS ON WILLS OR PROBATE ON WILLS, THIS IS THE PROGRAM TO ATTEND. THE SIGN UP SHEET WILL BE ON THE BOARD.

MAY 4TH—4:30PM—"BRAVES VS PHILLIES"—COST IS \$10.00 PER PERSON, (DOES NOT INCLUDE BUS FEE). PREPAID BY APRIL 17TH. BRING MONEY FOR DINNER AT THE STADIUM. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 4:30PM AND RETURN AT APPROX. 11:30PM.

MAY 5TH—11AM-"FLEX & STRETCH CLASS" WITH ANN MERINO. THIS WILL BE A 6 WEEK COURSE OF 1 HOUR CLASSES. THE COST IS \$20.00, PREPAID BY APRIL 27TH. THE CLASS WILL BE LIMITED TO THE FIRST 10 MEMBERS WHO SIGN UP AND PAY. THE SIGN UP SHEET WILL BE ON THE BOARD.

MAY 5TH—8:45AM—"TOUR OF COVINGTON GA" WITH TRIP STEP ON GUIDE JIM HOWE. SEE THE HISTORIC HOMES COVINGTON, GA—AND TOUR THE ANTEBELLUM HOME OF SANDTOWN PLACE. SEE WHERE IN THE HEAT OF THE NIGHT AND THE DUKES OF HAZZARD WERE FILMED. COST IS \$ 20.00 PER PERSON, PREPAID BY APRIL 27th. THIS TRIP WILL BE LIMITED TO 25 PEOPLE. BRING MONEY FOR LUNCH AT THE THOMAS BUFFET (\$9.00). THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:45AM.

MAY 6TH—3PM—"PRETRIP MEETING FOR THE NIAGARA FALLS TRIP". IF YOU ARE GOING ON THIS TRIP, PLEASE MAKE EVERY EFFORT TO ATTEND THIS MEETING. WE WILL BE GIVING ALL THE INFO. YOU NEED TO PREPARE FOR YOUR TRIP PLUS YOUR ITINERARY, LANYARDS, LUGGAGE TAGS, PARKING INFORMATION, AND DEPARTURE TIMES. THIS WILL ALSO BE THE TIME THAT WE CAN ANSWER ANY QUESTIONS ABOUT THE TRIP. SEE YOU THERE...........

MAY 7TH—10AM—"LUNCH BUNCH AND SHOPPING AT THE AVALON". IN ALPHARETTA. ENJOY SHOPPING BEFORE AND AFTER YOU EAT. LUNCH WILL BE ON YOUR OWN SO YOU CAN CHOOSE FROM A VARIETY OF RESTAURANTS WITHIN THE SHOPPING AREA. BRING MONEY FOR LUNCH AND SHOPPING. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 10AM.

MAY 8TH—12PM—"MOTHER'S DAY LUNCHEON" - JOIN US IN HONORING OUR MOTHERS FOR A MOTHERS DAY LUNCHEON PREPARED BY BEES KNEES, AND ENJOY A LITE HEARTED MONOLOG ON MOTHER'S PRESENTED BY BRITTNEY HILL.

MOTHERS ARE FREE ALL OTHER WILL PAY \$6.00 . PREPAID BY MAY 1ST. THE SIGN UP SHEET WILL BE ON THE BOARD.

MAY 11TH-2PM-"MOVIE AND ICE CREAM"- "INTO THE WOODS" STARRING MERYL STREEP AND JOHNNY DEPP.

MAY 12TH—1PM— JEWELRY MAKING CLASSES" TAUGHT BY MARGIE RYAN. THIS WILL BE THE FIRST OF TWO CLASSES. THE FIRST CLASS WILL START ON TUES., MAY 12TH, AND THEN COME BACK ON FRIDAY, MAY 15TH AT 1PM TO COMPLETE YOUR PROJECT. COST WILL BE BETWEEN \$5.00—\$20.00 DEPENDING ON WHAT YOU DECIDE TO MAKE. PAYMENT IS DUE AT THE BEGINNING OF THE CLASS. THE SIGN UP SHEET WILL BE ON THE BOARD.

MAY 14TH—12PM—"SENIOR PICNIC AT MAGNOLIA HALL". JOIN US FOR OUR ANNUAL SENIOR PICNIC INCLUDING GRILLED HAMBURGERS & HOT DOGS WITH ALL THE FIXIN'S. <u>COST IS FREE, & WILL</u> BE LIMITED TO THE FIRST 130 PEOPLE THAT SIGN UP. SIGN UP SHEET WILL BE POSTED ON THE BOARD ON LOTTO DAY. THE SHUTTLE WILL START AT 11:15AM FROM THE SENIOR CENTER.

MAY 17TH-8AM-LEAVING FOR NIARGARA FALLS! WE WILL RETURN ON MAY 23RD.

MAY 18TH—1PM—"PROGRAM ON NAVIGATING THE SENIOR YEARS"—PRESENTED BY CINDY NELSON WITH NELSON ELDER CARE LAW & LIVING LOCATORS. COST IS FREE AND REFRESHMENTS WILL BE SERVED. SIGN UP SHEET WILL BE ON THE BOARD.

MAY 21ST- 9:15AM—"SMITH- GILBERT GARDENS IN MARIETTA". ENJOY A GUIDED TOUR OF 16 ACRES OF SERENE SETTINGS WITH OVER 3,000 SPECIES OF PLANTS, WATERFALLS, BONSAI EXHIBITS, AND ROSE GARDENS. THE COST IS \$10.00 PER PERSON, PREPAID BY MAY 6TH. THIS TRIP WILL BE ALL WALKING. BRING MONEY FOR LUNCH AT GOLDEN CORRAL. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM.

MAY 22 ND—1:30PM—"PROGRAM ON THE IMPORTANCE OF MAINTAINING YOUR HEATING AND AIR SYSTEMS"—PRESENTED BY CASTEEL HTG. & AIR CO. LEARN THE IMPORTANCE OF MAINTAINING YOUR HVAC SYSTEM AS IT RELATES TO SAFETY AND ENERGY SAVINGS. REFRESHMENTS WILL BE SERVED. THE SIGN UP SHEET WILL BE ON THE BOARD.

MAY 25TH-CLOSED FOR MEMORIAL DAY

MAY 26TH—8AM—"ROCK CITY AND RUBY FALLS IN CHATT. TN". SEE BOTH ATTRACTIONS AND LUNCH IS INCLUDED FOR \$41.00, PREPAID BY APRIL 29TH. SEE 7 STATES FROM ROCK CITY, AND AT RUBY FALLS WE WILL DESCEND 1,120 FT. IN AN ELEVATOR TO SEE THE BEAUTIFUL UNDER GROUND WATER FALLS OF RUBY FALLS. THIS TRIP IS FOR MEMBERS WHO HAVE NO MOBILITY PROBLEMS. THERE WILL BE UNEVEN WALKING SURFACES AND NARROW PASSAGEWAYS AT BOTH ATTRACTIONS. BECAUSE THIS TRIP REQUIRES 2 STAFF MEMBERS, THERE WILL ONLY BE 27 SEATS AVAILABLE FOR THIS TRIP. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8AM AND RETURN APPROX. 4PM.

MAY 28TH—8:30AM—"THE DAHLONEGA GOLD MUSEUM" WE WILL FIRST VISIT THE MUSEUM, HAVE LUNCH, AND THEN GO PAN FOR GOLD AT THE CRISSON GOLD MINE. COST IS \$13.00 FOR BOTH VENUES, PREPAID BY MAY 19TH. BRING MONEY FOR LUNCH AT THE SMITH HOUSE RESTAURANT IN DAHLONEGA (\$14.99) PAID AT THE RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM

JUME 26 15

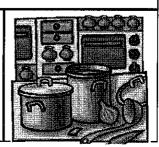
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 8:00am Atlanta Motor Speedway Tour	3	4 1PM Hospice Education	5 1:30pm Bunko	6
7 8:30am Cherokee N.C.	8 2pm Movie & Ice Cream "Birdman" 4:30pm Braves vs San Diego	9 11am Lunch Bunch at Copelands	10	11 9am DeKalb Farmers Market	12	13 Concert in the park "Eliminator"
14	15 12pm Lunch & Learn Edward Jones Investments	16	17 1pm LOTTO DAY	18 9am DeKalb Farmers Market	19 12pm Fathers Day Luncheon	20
21	22 12pm Northside Cherokee Lunch & Learn "Diabetes Education"	23 9:15am Tour of St. Lukes Episcopal Church	24	25 7:15am Lane Peach Orchard Tour	26 9am AARP Drivers Safety Class	27
28	29	30				

Wednesday Lunches: At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office.

June 3rd
\$5.00
Grilled Hamburgers
Baked Beans
Slaw/Chips
Dessert/Drink

June 10th
\$5.00
Johnny's pizza
Salad
Dessert
Drink

June 17th \$5.00 Chick Fil A Sandwich Chips Cookie Drink ⁶ June 24th \$6.00 Salad Mania Tuna-Chicken-Egg Salad/Croissant Chips/Dessert



June Trips and Activity Details



JUNE 2ND—8:00AM—"TOUR OF THE ATLANTA MOTOR SPEEDWAY"—CALLING ALL RACE FANS! JOIN US FOR A TOUR OF THE PREMIRE RACING FACILITY IN HAMPTON, GA. TOUR INCLUDES A BRIEF TRACK HISTORY, A VISIT TO PETTY GARDENS, A SNEEK PEEK AT THE GARAGES & VICTORY LANE, AND IF AVAILABLE, 2 LAPS IN THE SPEED WAY VAN AROUND THE 1.54 MILE TRACK. COST IS \$5.00 PER PERSON PREPAID BY MAY 27TH. BRING MONEY FOR LUNCH AT THE OAKWOOD CAFÉ IN THE ATLANTA FARMERS MARKET. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:00AM.

<u>JUNE 4TH—1PM—"PROGRAM ON HOSPICE EDUCATION"</u>, PRESENTED BY ANGEE BROWN WITH GUARDIAN HOME CARE & HOSPICE. HOSPICE IS CHANGING, JOIN US IN LEARNING HOW. HEAVY HORDERVES WILL SE SERVED. THE SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 7TH—8:30AM—"CHEROKEE, NC"—COST IS \$18.00 PER PERSON, PREPAID BY JUNE 2ND.</u> THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 8:30AM AND THE APPROX. TIME OF RETURN IS 8:30PM.

<u>JUNE 8TH—2PM—MOVIE AND ICE CREAM— "BIRDMAN"</u> VOTED 2015 OSCAR'S BEST PICTURE AWARD— STARRING MICHEAL KEATON AND EMMA STONE. THE SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 8TH—4:30PM—"BRAVES VS SAN DIEGO"—COST IS \$10.00 PER PERSON, PREPAID BY MAY 15TH</u> (DOES NOT INCLUDE \$2.00 BUS FEE). BRING MONEY FOR DINNER AT THE STADIUM, THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 4:30PM AND APPROX TIME OF RETURN IS 11:30PM.

<u>JUNE 9TH—11AM—LUNCH BUNCH AT COPELANDS IN KENNESAW.</u> CHOOSE FROM A MENU SELECTED JUST FOR US. (MENU WILL BE ON SIGN UP SHEET) <u>THE COST IS \$15.00</u> AND INCLUDES DRINK, TAX, AND TIP. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11AM.

<u>JUNE 11TH—9AM—"1ST DEKALB FARMERS MARKET TRIP"</u>— PLEASE INDICATE ON YOUR LOTTO SLIP WHICH TRIP YOU WOULD LIKE TO GO ON. <u>COST IS FREE</u>. SHOP FOR FARM FRESH PRODUCE, MEATS, CHEESES, FRESH BAKED BREADS & PASTRIES, AND HARD TO FIND FOOD ITEMS FROM AROUND THE WORLD. BRING MONEY FOR LUNCH AT THE MARKET. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

<u>JUNE 15TH- 12PM—LUNCH AND LEARN—" GLOBAL—THE NEW CORE"</u> PRESENTED BY FRANKLIN TEMPLETON & EDWARD JONES INVESTMENTS. SEE IF YOUR PORTFOLIO AND INVESTMENTS ARE READY FOR THE FUTURE. LUNCH IS INCLUDED AND THE COST IS FREE. A SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 17TH—1PM— "LOTTO DAY-"</u> JOIN US FOR A CHICK FIL A BOX LUNCH AT 12PM (<u>COST IS \$5.00</u>, <u>PREPAID BY JUNE 12TH</u>, AND THEN STAY FOR LOTTO TO SEE IF YOU GOT ON YOUR FAVORITE TRIPS.

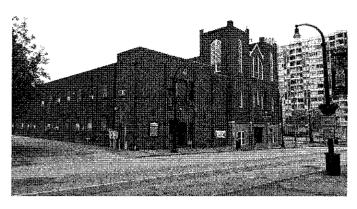
JUNE 18TH—9AM—"2ND DEKALBS FARMERS MARKET TRIP". COST IS FREE. PLEASE INDICATE WHICH TRIP DATE ON YOUR LOTTO SLIP. PLEASE DO NOT FILL OUT A LOTTO SLIP FOR EACH ONE UNLESS YOU PLAN ON ATTENDING BOTH TRIPS. BRING MONEY FOR LUNCH AT THE MARKET. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

JUNE 19TH—12PM—"FATHER'S DAY LUNCHEON". JOIN US IN HONORING OUR FATHER'S FOR OUR FATHER'S DAY LUNCHEON. ENJOY A LITE HEARTED MONOLOG ON FATHER'S PRESENTED BY BRITTNEY HILL. J. MILLERS BBQ WILL BE CATERING THIS SPECIAL DAY. FATHER'S ARE FREE, ALL OTHERS ARE \$6.00, PREPAID BY JUNE 15TH. THE SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 22ND—12PM—LUNCH & LEARN—"DIABETES EDUCATION"</u> PRESENTED BY NORTHSIDE CHEROKEE HOSPITAL. LEARN THE LATEST IN LIVING WITH DIABETES, AND BRING ANY QUESTIONS YOU MIGHT HAVE TO ASK THE DOCTOR. LUNCH IS INCLUDED AND THE COST IS FREE. A SIGN UP SHEET WILL BE ON THE BOARD AND LIMITED TO THE FIRST 35 THAT SIGN UP.

JUNE 23RD—9:15AM—"TOUR OF ST. LUKES EPISCOPAL CHURCH IN ATLANTA". ENJOY COFFEE AND REFRESHMENTS UPON ARRIVAL, THEN A DOCENT LED TOUR HIGHLIGHTING THE COLLECTION OF STAINED GLASS WINDOWS IN THE CHURCH THAT WERE DESIGNED AND FABRICATED OVER 60 YEARS. WE WILL OFFER A DONATION TO THE CHURCH IN THE AMOUNT OF \$2.00 PER PERSON, PREPAID BY JUNE 16TH (CASH). BRING MONEY FOR LUNCH AT RED LOBSTER. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM

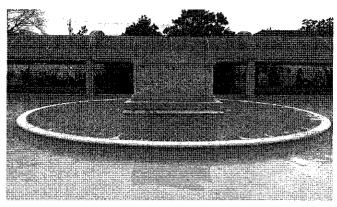
<u>JUNE 25TH—7:15AM—"LANE PEACH ORCHARDS IN FT. VALLEY, GA".</u> PURCHASE FRESH PEACHES AND POSSIBLY BLUEBERRIES, THEN ENJOY A TOUR OF THE FARM IN ONE OF THEIR FARM TOUR BUSES. <u>COST IS \$5.00 PER PESON, PREPAID BY JUNE 22ND</u>. BRING MONEY FOR LUNCH AT THE ORCHARD. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:15AM, AND APPROX TIME OF RETURN WILL BE 6PM.



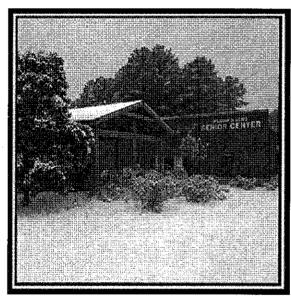
Ebenezer Baptist Church. A landmark of the Dr. Martin Luther King Jr. history.



Touring the Funk Heritage Center and learning some history of the Ancients and the Trail of Tears.



The final resting place of Dr. Martin Luther King, Jr. and his wife, Coretta.



Snow days 2015 We're open again!

BRIGHT BEGINNINGS WEIGHT LOSS SUPPORT GROUP

Meets on Thursday mornings at the Senior Center

Weigh in is from 9:15 - 9:30am Meeting starts at 9:30am

For more information, contact Rose Beauchamp @ sweetmaria1956@yahoo.com

Bus Fee

The round trip mileage to and from the scheduled event(s) determines the per-person bus fee.

The fee schedule is as follows:

0 - 50 Miles: \$1.00

51 - 100 Miles: \$2.00

101 - 200 Miles: \$3.00

Over 200 Miles: \$4.00



Our tour of the Mayfield Dairy facility in Braselton, Georgia had a sweet ending with freshly made ice cream!



Juggler Adam Boehmer performs at our St. Patrick's Luncheon.



Our trip to the Waffle House Museum was enjoyed by all.

The very first Waffle House opened in 1955 and is now restored to pristine opening condition. It is complete with décor and the menus (and prices) from opening day.



The 4th Annual Jan Henriques Bridge Tournament results
3rd Place - Phyllis Downey (pictured on the right)
2nd Place - Jim Harris (pictured on the left)



Johnnie Lanxton
The 1st Place winner of
the 4th annual Jan
Henriques Bridge
Tournament.



Line Dancing Classes



Learn Line Dancing! This class is held on Mondays and Thursdays from 9:30am until 11:30am.

These classes are for all skill levels and will challenge your body and your mind. The cost is one dollar (\$1.00) per person, per class session.

Gayle Bautz is the instructor and you will pay her directly at the start of each session.



Beginning/Refresher Mahjongg Class



Learn the basics of Mahjongg! This class is held on Tuedays from 2:00pm until 4:00pm. The class size is limited to a maximum of 8 students to offer the best learning environment.

This class is for beginners or those that need to refresh their skills. This is a free class. Mary Beth Watkins is volunteering her time as the instructor. The next set of classes will begin on April 14th.



AARP SMART DRIVER COURSE

At the William G. Long Senior Center Call Paul Galanek at 770-591-9347 for details and reservations for the June 26, 2015 Class. 9:00am to 4:00pm

> Cost: AARP MEMBERS - \$15.00 NON AARP Members - \$20.00 Seats are limited



ART CLASSES AT THE WILLIAM G LONG SENIOR CENTER!

Artist Mary Cover shares her years of knowledge and experience on a variety of mediums with all levels of painters \$10.00 per class
Thursdays 2:30pm – 4:30pm

l0

DAILY ACTIVITIES

Monday

- 9:00am Billiards, Card Games, Chip Poker
- 9:30am Line Dancing with Gayle Bautz
- 10:00am Mahjongg

Tuesday

- 9:00am
 Hand & Foot, Bridge, Canasta, Pinochle
- 9:00am Ladies Billiards
- 3:00pm Wii Bowling

Wednesday

- 9:00am Billiards, Card Games, Woodcarving
- 10:00am Mahjongg
- 11:00am Scrabble

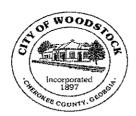
Thursday

- 9:00am Chip Poker, Dominos, Card Games
- 9:30am Weight Loss Group with Rose Beauchamp
- 9:30am
 Line Dancing with Gayle Bautz
- 11:30am Nimble Fingers
- 2:30pm Painting Class

<u>Friday</u>

- 9:00am
 Billiards, Hand & Foot
- 9:00am
 Pinochle
- 10:00am Mahjongg, Rummikub
 - **All activities/times are subject to change...

Wm. G. Long Senior Center Woodstock Parks and Recreation Dept. 223Arnold Mill Rd. Woodstock, GA 30188



Standard U.S. Postage Pd. Woodstock, GA 30188 Permit No. 171

Please refer to the date on the mailing label above for your membership date.

Your renewal membership is due one year from this date.

Lotto Drawing Instructions for Trips

In order for all our members to have an equal chance to go on the trips we offer, the selection is done by a lotto drawing process. A lotto ticket is filled out by each member and given to a staff person prior to lotto day, which is listed on the calendar sent in the mail. On lotto day a separate drawing is done for each trip. The bus will hold 28 people therefore the first 28 names that are drawn are guaranteed a seat on the bus. If more than 28 have signed up for that trip, the remainder will go on a waiting list in the order they were drawn. After the lotto is completed, staff will post a list of trips with the members listed who were drawn for each trip including those drawn for the waiting list.

Lotto tickets can be picked up anytime at the Senior Center.

Only trips that go on the bus need lotto slips filled out!

All others will be sign-up sheets and will be on the board the day after lotto.